

INFORMED CONSENT FOR MYERS' COCKTAIL INFUSION

Patient: _____ Today's Date: _____

This form is designed to document that you understand information regarding IV (intravenous) therapy using nutrients, including the potential risks and benefits of treating and not treating your symptoms. Information is presented so that you can make an informed decision regarding your condition and your options.

Intravenous (IV) therapy is a method of administering vitamins, minerals, antioxidants, and other therapeutic substances directly into the bloodstream, bypassing the digestive tract where many nutrients are partially lost due to poor absorption or are altered by gut bacteria. It is a safe and highly effective method for quickly restoring key substances needed for energy production and optimal cellular function. IV therapy is a powerful tool for preventing and treating of a wide variety of chronic diseases.

IV therapy can provide a powerful "jump-start" to improving your health. It is the most effective way for your cells to receive nutrients. It drives these nutrients into the cells within mere seconds by delivering them directly into the body's circulation. This provides better bioavailability compared to oral nutrients and avoids side effects like nausea, heartburn, and diarrhea that can accompany high oral doses. The resultant cellular repair and revitalization can be rapid and dramatic.

The Myers' Cocktail contains calcium, magnesium, B vitamins, and vitamin C. It is named after the late Dr. John Myers, a Maryland physician who administered intravenous nutrients to treat numerous chronic diseases. The nutrient cocktail was later popularized by Dr. Alan Gaby, a well-known physician specializing in nutritional medicine. Dr. Gaby treated thousands of patients with the Myers' Cocktail over several years. Conditions that responded well included acute asthma attacks, migraines, chronic fatigue, fibromyalgia, acute muscle spasm, upper respiratory tract infections, chronic sinusitis, seasonal allergies, and cardiovascular disease. He also noted improvements in general health and in athletic performance.

Treatment takes 30 minutes and is usually administered twice weekly for a minimum of 5 weeks. An optional infusion of glutathione (potent antioxidant and free-radical scavenger) may be administered afterward. Treatment may need to be repeated from time to time to maintain the benefits.

Temporary side effects may include bruising and/or discomfort at the IV site; "healing reactions" such as fatigue, low-grade fever, and muscle aches or joint pain. To limit these side effects, you should eat before treatment and drink plenty of fluids after treatment.

Possible complications of nontreatment may include worsening of your condition. Alternative treatment includes a strict healthy lifestyle (non-smoking, weight control, exercise, proper diet, and oral nutritional supplementation).

You are to notify us of all prescription medications you are currently taking. In the event of any adverse reaction after treatment, please contact this office for further instructions. If it is an emergency, you are to call 911.

By signing below, you acknowledge that you have reviewed the above information, and have been informed of the benefits and potential risks of treatment, alternative treatment options, and the risks of nontreatment. You also acknowledge that you have been given ample opportunity to ask Dr. Daniel Thomas questions that have they been answered to your satisfaction. You hereby consent to treatment.

Patient Signature

Witness Signature